

PASSPORT TO NATURE

2023



ISLAND NATURE TRUST

EXPLORE PRINCE EDWARD ISLAND
ALL YEAR LONG!

THIS PASSPORT BELONGS TO:

Island Nature Trust acknowledges that the land which we own and manage is unceded Mi'kmaq territory, and we pay our respects to the Indigenous Mi'kmaq people of this territory; past, present and future.



WELCOME

This passport is designed to help Islanders and visitors alike experience and learn more about PEI's wild places. We hope our Passport to Nature events will help you discover and understand the rich wildlife these special places have to offer!

Events can be best enjoyed if you wear the appropriate clothing and footwear. Be prepared to walk several kilometers for each event. Bring water and snacks.

Donations to support our ongoing work will be gladly accepted at all events!

**This Passport to Nature is brought to you by
Island Nature Trust**



This project was undertaken with the financial support of:
Ce projet a été réalisé avec l'appui financier de :



Environment and
Climate Change Canada

Environnement et
Changement climatique Canada

**Want to learn more about our work across the
Island or how to get involved? Get in touch with us!**

www.islandnaturetrust.ca

WHO ARE WE?

We are Prince Edward Island's first and oldest private land trust, working since 1979 to protect land in PEI and manage it responsibly. We believe we need to retain some land as undeveloped, for its intrinsic and wildlife values, but also to provide the natural services Islanders depend on for clean water, clean air and a livable environment.

PEI's population is growing and our rural landscapes are under increased pressure from residential development, resource use and climate change. Now more than ever there is a great need for Islanders to work together to protect the natural assets we love while ensuring we support a sustainable way of life for Islanders. Island Nature Trust invites you to join us in working to protect the Island's natural spaces, both for our children and the diversity of wildlife that live here.

OUR MISSION

In a race against time, our mission is to preserve and steward forever a network of natural areas and wildlife habitats across PEI and bring together those who care about preserving PEI's natural legacy for future generations.

We are a key provider of technical, science-based knowledge on land stewardship and wildlife in PEI for landowners, governments and partner environmental groups.

We provide mentorship and employment opportunities to people committed to land stewardship, conservation research and wildlife monitoring who will continue building on the long tradition of Island Nature Trust as the premiere land trust on the Island.

How To Use This Passport

Our Passport to Nature was created with you in mind - those who want to explore PEI's protected places, experience new things, and meet like-minded people. To make the most of your Passport, here are basic steps to plan your next adventure and get involved in the work of Island Nature Trust

Register



Either by phone or computer on our website as soon as possible! Some events will fill up quickly.

Attend



Don't forget a water bottle and comfortable footwear!

Take Notes & Share



Post your experiences and new found knowledge with friends using #givingbacktonature on your social media updates.

We'll stamp your booklet upon attendance at each event!

Sign Up!

Become a member of Island Nature Trust and get updates on more upcoming nature events!



REGISTER
NOW!

ALL ABOUT KRUMMHOLZ

🕒 11AM - 1PM

📅 SATURDAY, MARCH 25TH

👥 20

\$ BY DONATION

Krummholz is a German word meaning “Bent Wood”, describing the gnarly growth patterns in high-wind environments.

Come explore the sea-side cliffs of East Point with Daniel McRae, Lead Researcher from Macphail Woods. The afternoon excursion will examine unique coastal flora, the ecological challenges of wind and salt as well as the role of Krummholz in protecting Island shores.

Note: Please wear appropriate footwear and be prepared to walk on uneven terrain.

We will email all registered participants trip details the week before the event. If you have any questions, please do not hesitate to contact Island Nature Trust.





YOUTH OUTDOOR SURVIVAL SKILLS

🕒 1PM -5PM

📅 SATURDAY, APRIL 22ND

👥 20

💰 BY DONATION

This event is open to youth ages 8-12 years old. Join Mark Arsenault and INT to learn all about outdoor survival skills. The workshop will include how to build a lean-to, leave no trace techniques, going over first aid kits, and we will end by building a fire and enjoying hot chocolate together. This is for all outdoor skill levels and will be lots of fun!

Please wear warm shoes, appropriate clothing and bring water and snacks. Keep in mind that April can be chilly and wet- Be prepared to get muddy.

Note: This event is open to youth ages 8-12 years old. When registering online, please use a caregivers email address as we will be communicating with you prior to the event. Caregivers are welcome to stay during the workshop. This is an opportunity for kids to unplug. We appreciate your cooperation in keeping this a no-phone-zone!



REGISTER
NOW!

PADDLE THE MORELL RIVER

🕒 11PM - 2PM

📅 SUNDAY, MAY 21ST

👥 15

💰 BY DONATION

Come join us for a leisurely paddle on the beautiful Morell River! This area, rich in biodiversity, is a great place to spot wildlife. We will kayak along the river, go past several INT natural areas and see them from a different perspective.

Please bring your boat, PFD, equipment, water bottle, snacks, binoculars (optional) and clothing and shoes that can get wet.

Note: This trip is open to kayaks and canoes. Water levels vary at this time of year. Please bring your own boat and equipment to the launch point.

We will email all registered participants trip details the week before the event. If you have any questions, please do not hesitate to contact Island Nature Trust.



REGISTER
NOW!

BLACK ASH TREE HIKE & LEARN

🕒 1PM - 4PM

📅 SATURDAY, JUNE 17TH

👥 20

💰 BY DONATION

Come find rare Black Ash along the Dromore River with Daniel McRae, Lead Researcher from Macphail Woods. The Black Ash Project is in collaboration with Abegweit Conservation Society.

This often overlooked native tree has been culturally significant to the Mi'kmaq people for thousands of years. The hike along the Dromore trails will look at the unique wetland ecology of the black ash as well as the botanical diversity of these habitats. Bring a pair of boots because it could get swampy!

Note: Please wear appropriate footwear and be prepared for a longer hike. Bring water, snacks and be prepared for a little bit of bushwhacking. We will email all registered participants trip details the week before the event. If you have any questions, please do not hesitate to contact Island Nature Trust.



REGISTER
NOW!

ORCHID WALK & TALK

🕒 1PM - 4PM

📅 SATURDAY, JULY 8TH

👥 12

💰 BY DONATION

Have you always wanted a chance to learn all about PEI's wild orchids and about the ecosystems where they are found? Kate MacQuarrie will be leading us on a walk to find and learn about orchids.

Please bring proper footwear, this event will be wet and muddy! Bring your water, bug spray, sunscreen and a hat.

Bideford Bog: Exact meeting point to be confirmed by email prior to the event.





WALK TO ST. PETER'S ISLAND

WALK 1 INT MEMBERS

🕒 9:30AM - 1:30PM

📅 AUGUST, 10TH

👥 40

💰 BY DONATION

WALK 2 PUBLIC

🕒 10:45AM - 2:45PM

📅 AUGUST, 11TH

👥 40

💰 BY DONATION

Join us for our annual walk across the tidal flats to St. Peter's Island. We will walk over on the dropping tide and enjoy some time exploring the island before we race the incoming tide to make it back to the mainland! We will discuss the rich history of St Peter's Island, from farming to fishing to fossils.

Note: Please bring enough water and your lunch. It is important that appropriate footwear and clothing are worn for this event. Make sure you are wearing something you are prepared to get wet in. On the walk back the water may be quite high. Wear light old sneakers or closed toe sandals. DO NOT wear open sandals. DO NOT wear rubber boots. The water can get high enough to fill your boots. We are moving with the tides- leaving at the appropriate time is crucial to avoid getting stuck at St. Peter's Island! The walk will take about 4 hours and be approximately 6km.





MEDICINE **WALK**

ALL AGES	KIDS 7 - 12
🕒 4:30 - 6:30PM	🕒 4:30 - 6:30PM
📅 SEPTEMBER 14TH	📅 SEPTEMBER 21ST
👥 20	👥 20
\$ BY DONATION	\$ BY DONATION

Come join us for a medicine walk with Helena Perry. We will learn about the fascinating and healing plants that grace the Canavoy Oaks Natural Area, Kings County. We will also learn about the importance of these plants to the Mi'kmaq whose territory we reside upon.

Please wear appropriate footwear. Be prepared to walk about 3-5km on uneven terrain. Feel free to bring a notebook, your water and snacks.

Event details, such as meeting point, will be emailed out to registered participants prior to the event.

Parents/caregivers are welcome to join the kids medicine walk too.



REGISTER
NOW!

MUSHROOM WALK **AND TALK**

🕒 2 - 4PM

📅 SUNDAY, OCTOBER 1ST

👥 20

\$ BY DONATION

This event is back by popular demand. Join INT for a trail walk and mushroom talk with Ken Sanderson and Rosemary Curley. They will take us on an immersive walk through the Buote Heritage Woods Natural Area in Queens County, to look for and identify our local fungi friends.

Please wear closed toed shoes that can get dirty. Feel free to bring a water bottle and notebook. Be prepared to walk about 4km in steep, uneven terrain. Registration is on a first come, first serve basis.

LOCATION: Meetup point to be confirmed by email prior to the event.



REGISTER
NOW!

TRIVIA NIGHT FOR NATURE NERDS

🕒 7PM - 9:30PM

📅 THURSDAY, NOVEMBER 2ND

👥 80

\$ BY DONATION

Come join the INT community for our annual night of nature trivia!

With teams of 4-5 people, we will compete to discover who amongst us are the biggest nature nerds.

Register as a team (maximum 5 people per team) or join us on your own and team up with new friends.

Trivia will be taking place near Charlottetown this year. The exact location will be determined closer to the event. An email will be sent to all registered participants with event details, such as location, please stay tuned. We look forward to seeing you there!



WAYS TO SUPPORT

Since 1979, Island Nature Trust has been dedicated to the protection of Natural Areas in Prince Edward Island. Here is how you can help:

JOIN



Support natural areas with INT membership. Become a member today and help protect wildlife at the places in our care, for everyone, for ever.

PROTECT



Guardians are our eyes and ears on the ground in our natural areas and they keep our stewardship mission alive. Visit our website to learn more about becoming a Guardian volunteer.

GIVE



Everyone needs nature, now more than ever. Donate today and you could help people & nature to thrive at the places we care for.

SHARE



Spread the word to your friends and family. We want all Islanders to know the importance of protecting PEI's beautiful landscape.

ISLANDNATURETRUST.CA



PO Box 265
Charlottetown PEI, C1A 7K4
902-892-7513
admin@islandnaturetrust.ca



www.islandnaturetrust.ca